

MACON COUNTY HEALTH SERVICES INVENTORY—*Summary of Services Available to County Residents*
Cardiac Rehabilitation/Physical Therapy/Fitness

Name & Contact Information	Services	Days Hours	Income Qualify?	Payment Options	Taking New?	Wait Time	Additional Information
Franklin Health & Fitness Center 1214 E. Main Street Franklin, NC 28734	Cardiac Rehabilitation Physical Therapy Fitness Training Nursery Onsite	7 Days M-F 5:30 A- 10P Sat 7A-5P Sun 1P-9P	No	Fitness Memberships Self Pay Cardiac Rehab Medicaid Medicare Insurance Private Pay Physical Therapy Medicare Insurance Self Pay (Medicaid Pays For Under 18 Only)	Yes	No	Physician Referral May Be Required For Cardiac Rehab & Physical Therapy
Health Tracks Highlands Cashiers Hospital Hospital Drive Highlands, NC 828-526-1469	Cardiac Rehabilitation Physical Therapy Fitness Training & Exercise Monitored Exercise Diabetes Education Nutritional Counseling Aerobic Training Women's Weight Management Program	M-F 8A-4:30 P	No	Fitness Memberships Are Self Pay Cardiac Rehab & Physical Therapy Medicare Insurance Private Pay Insurance May Cover Some Wellness,	Yes	No	Physician Referral Required For Cardiac Rehabilitation & Physical Therapy Physician Referral Required For Weight Management To Be Eligible For Insurance Reimbursement

				Nutrition & Weight Management/ Otherwise These Are Self Pay			
Health Works 235 Jim Berry Road Franklin, NC 28734 www.healthworks.com	Physical Therapy Fitness Training	M-F 8A-5P	No	Medicaid Medicare Insurance Private Pay	Yes	No	Physician Referral Required
Curves For Women 110 Carolina Mountain Drive Franklin, NC 28734 828-349-8900	Exercise Programs For Women Only	M-F 6A-6:30P	NA	Monthly Fee	Yes	No	
Shapers 304 Depot Street Franklin, NC 28763 828-349-3288	Circuit Training Strength Training	M-F 6A-7P SAT 8A-11A	NA	Monthly Fee	Yes	No	
Children's Services							
Name & Contact Information	Services	Days Hours	Income Qualify?	Payment Options	Taking New?	Wait Time	Additional Information
Kid's Place 330 West Main Street Franklin, NC 28734 828-524-3199	Child Abuse Victim Services	7 Days	No	Services Are Available To Everyone Regardless of Ability To Pay	Yes	None	
Macon County Health Department 1830 Lakeside Drive Franklin, NC 28734 828-349-2081 www.maconnc.org/healthdept	Child Health Clinic Child Services Coordination for Children W/Special Needs Laboratory Services WIC Supplemental Nutrition School Health Nurse Program	M-F 8A-4:30P	YES	Medicaid Medicare Insurance Private Pay Scale Based On Ability To Pay	Yes		

Health Services							
Name & Contact Information	Services	Days Hours	Income Qualify?	Payment Options	Taking New?	Wait Time	Additional Information
Macon County Health Department 1830 Lakeside Drive Franklin, NC 28734 828-349-2081 www.maconnc.org/healthdept	Adult Health Screenings Mammography Pap Smear Exam Hypertension Clinic Laboratory Services Worksite Wellness Services	M-F 8A-4:30P	YES	Medicaid Medicare Insurance Private Pay Scale Based On Ability To Pay	Yes	NA	
Community Care Clinic of Highlands-Cashiers, Inc. 52 Aunt Dora Drive Highlands, NC 28741 828-526-1991	Free Medical Care for Uninsured Adults and Children in the Highlands-Cashiers Area	THURS 5P-9P	YES	No Insurance Is Filed/Services For Uninsured Only	Yes	NA	Appointments Are Encouraged
Home Care/In-Home Services							
Name & Contact Information	Services	Days Hours	Income Qualify?	Payment Options	Taking New?	Wait Time	Additional Information
Angel Home Health & Hospice 120 Riverview Street Franklin, NC 28734 828-369-4206 www.angelmed.org/homehealth	Skilled Nursing Physical, Occupational & Speech Therapy Family Counseling Nursing Assistance	24/7	No	Medicaid Medicare Insurance Private Pay	Yes	No	
Lincare 230 Sloan Road Franklin, NC 28734 828-349-3151 www.lincare.com	Durable Medical Equipment Sales, Rental & Installation Oxygen Services	M-F 8:30A – 5P	No	Medicaid Medicare Insurance Private Pay	Yes	No	
PDQ Nurse 1660 Bryson City Road Franklin, NC 28734 828-369-7549	Nursing Assistance In The Home	24/7	No	Medicaid Private Pay	Yes	No	
PRN Nursing Services 26 W Sylva Shopping Center Area Sylva, NC 28779 828-631-4838	Nursing Assistance Case Management	24/7	No	Medicare Insurance Private Pay	Yes	No	Web site under development

Westcare Home Health Services 68 Hospital Drive Sylva, NC 28779 828-586-7000 www.westcare.org	Skilled Nursing Physical, Occupational & Speech Therapy Family Counseling Nursing Assistance Lifeline	24/7	No	Medicaid Medicare Insurance Private Pay	Yes	No	
Hospice Services							
Name & Contact Information	Services	Days Hours	Income Qualify?	Payment Options	Taking New?	Wait Time	Additional Information
Angel Home Health & Hospice 120 Riverview Street Franklin, NC 28734 828-369-4206 www.angelmed.org/homehealth	In Home Hospice Care Palliative Care	24/7	No	Medicaid Medicare Insurance Private Pay Free Services May Be Available For Low Income	Yes	No	
Highlands-Cashiers Hospice Hospital Drive Highlands, NC 828-526-1402 www.hchospital.org/hospice	In Home Hospice Care Family Support Services Grief Counseling	24/7	No	Medicaid Medicare Insurance Private Pay Free Services May Be Available For Low Income	Yes	No	
WestCare Hospice 68 Hospital Drive Sylva, NC 28779 828-586-7000 www.westcare.org	In Home Hospice Care Family Support Services Grief Counseling Respite Care	24/7	No	Medicaid Medicare Insurance Private Pay Free Services May Be Available For Low Income	Yes	No	

Hospitals						
Name & Contact Information	Services	Days Hours	Income Qualify?	Payment Options	Medical Staff Information	Additional Information
Angel Medical Center 120 Riverview Street Franklin, NC 28734 828-524-8411 www.angelmed.org	General Acute Care Inpatient and Outpatient Medical & Surgical Services Women & Children's Services Childbirth Educational Classes 24 Hour Emergency Care Urgent Care Physical Therapy Occupational Therapy Speech Therapy Home Health Care Hospice Nutrition Counseling Social Services Medication Assistance Program	7 Days 24 Hour	No	All Insurance Medicare Medicaid Medication Assistance Provided	Medical Staff Includes: Anesthesiology Cardiology Ear, Nose & Throat Emergency Medicine Family Practice Gastroenterology General Surgery Gynecology Hematology Internal Medicine Obstetrics Oncology Ophthalmology Orthopedics Pain Management Pathology Pediatrics Radiology Radiation Oncology Urology	Accredited by the Joint Commission on Accreditation of Health Care Organizations

Highlands-Cashiers Hospital 190 Hospital Drive Highlands, NC 28741 828-526-1200 www.hchospital.org	General Acute Care Inpatient and Outpatient Medical & Surgical Services 24 Hour Emergency Care Health & Wellness Physical Therapy Occupational Therapy Massage Therapy Home Health Care Hospice Lifeline Monitoring Skilled Nursing Center	7 Days 24 Hour	No	All Insurance Medicare Medicaid Medication Assistance Provided	Medical Staff Includes: Anesthesiology Cardiology Dermatology Ear, Nose & Throat Emergency Medicine Family Practice General Surgery Gynecology Hand Surgery Internal Medicine Neurology Oncology Ophthalmology Orthopedics Plastic Surgery Radiology	Accredited by the Joint Commission on Accreditation of Health Care Organizations Fedelia Eckerd Living Center Located Adjacent To Hospital
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Westcare Health System, Inc Harris Regional Hospital 68 Hospital Drive Sylva, NC 28779 828-586-7000 www.westcare.org	General Acute Care Inpatient and Outpatient Medical & Surgical Services 24 Hour Emergency Care Cancer Treatment Services Cardiology Services Cardiac Rehabilitation Pulmonary Rehabilitation Neuro-Diagnostic Services Sleep Services Women & Children's Services Childbirth Education Health & Wellness Physical Therapy Occupational Therapy Speech Therapy Women's Therapy Services Pediatrics Home Health Care Hospice Lifeline Monitoring Skilled Nursing Center Sleep Services Sports Medicine Social Services Support Groups Wound Care	7 Days 24 Hour	No	All Insurance Medicare Medicaid Medication Assistance Provided	Medical Staff Includes: Anesthesiology Cardiology Dermatology Ear, Nose & Throat Emergency Medicine Family Practice Gastroenterology General Surgery Gynecology Hand Surgery Hematology Internal Medicine Neurology Obstetrics Oncology Ophthalmology Orthopedics Pain Management Pediatrics Plastic Surgery Radiology Urology	Accredited by the Joint Commission on Accreditation of Health Care Organizations WestCare also includes Swain County Medical Center in Bryson City, NC and Mountain Trace Nursing Center in Sylva. The WestCare Medical Park, located at 55 Holly Springs Road in Franklin, NC, features 14 physicians practicing: Ear, Nose & Throat Family Medicine Pediatrics Ophthalmology Oncology/Hematology Orthopedics Urology	
Mental Health Services							
Name & Contact Information	Services	Days Hours	Income Qualify?	Payment Options	Taking New?	Wait Time	Additional Information
Appalachian Counseling 100 Thomas Heights Road Franklin, NC 828-524-4435	Case Management Community Support Services Individual Therapy for Adults & Children	M-F 9A-5P	No	Medicaid HealthChoice Insurance Private Pay State Funding Through LME Referral	Yes	1 to 2 Days	Main Office Is In Murphy, NC

Family Mental Health 33 Edgewood Ave Franklin, NC 828-349-6185	Mental Health & Substance Abuse Counseling Adult, Child & Family Counseling Community Support	M-F 9A- 5P	No	Medicaid Insurance Private Pay State Funding Through LME Referral	Yes	1 To 5 Days	Employs Licensed Professional Counselors and Licensed Clinical Social Workers
Mary Ellen Griffin, PhD 568 West Main Street Sylva, NC 28779 828-586-5511	Adult Psychotherapy Couples Therapy Adolescent & Family Therapy Psychological & Neuro- Psychological Assessments & Consultation	TU-W-F 9A-5P M-TH PM Hours	No	Medicare Insurance Private Pay	Yes	1 To 5 Days	Dr. Griffin is a licensed clinical psychologist in solo practice
Mountain Youth Resources/ Mental Health Professionals 574 W. Palmer Street Franklin, NC 28734 828-524-3833 mountainyouthresources.org	Outpatient Mental Health & Substance Abuse Counseling Anger Management Community Support DWI Services Intensive Outpatient Treatment for Substance Abuse	M-F 9A-5P Evening Groups Also	No	Medicaid Medicare Insurance Private Pay State Funding Through LME Referral	Yes	1 To 5 Days	Employs Licensed Clinical Social Workers
Meridian Behavioral Health Services 154 Medical Park Loop Sylva, NC 28779 100 Thomas Heights Franklin, NC 28734 828-488-5752 meridianbhs.org	Outpatient, school-based mental health and substance abuse treatment for children and adults Therapeutic Foster Care	M-F 8:30A – 5P	No	Medicare Medicaid HealthChoice State Funding Through LME Referral	Yes	1 To 5 Days	Employs Adult & Child Psychologists, Licensed Clinical Social Workers and Peer Support Specialists
Smoky Mountain Center for Mental Health Developmental Disabilities & Substance Abuse Services 1-800-849-6127 smokymountaincenter.org	Local Management Entity (LME) for State-Funded Mental Health & Substance Abuse Services	24/7	Yes	Medicaid HealthChoice State Funded Services	Yes	Varies	Serves as regional provider and management entity for state-funded mental health and substance abuse services and services for persons with developmental disabilities.

Sylva Clinical Child & Family Psychology 186 Medical Park Loop Sylva, NC 28779 828-586-5555 sylvaclinical.faiithweb.com	Psychological Counseling Educational Testing Psychological Evaluation Marriage & Family Therapy	8:30A 5 12 on Fri	No	Medicaid Medicare HealthChoice Insurance Private Pay State Funding Through LME Referral	Yes	1 To 5 Days	Offers services of a Psychiatrist, Adult & Child Psychologists and Licensed Clinical Social Workers
Turning Point Services 125 E. Palmer Street Franklin, NC 28734 828-349-4757	Provides Support, Training, Personal Care and Respite Care For Persons With Developmental Disabilities	24/7	No	Medicaid	Yes	Varies	Referral Required From Smoky Mountain Center
Western Carolina Counseling Services, PA 103 Sylvan Heights Sylva, NC 28779 828-586-8700	Psychological Counseling & Evaluation For Adults & Children Marriage & Family Therapy Women's Issues Food Disorders	M-F 9-5	No	Insurance Private Pay	Yes	1 to 2 Weeks	
Pregnancy Services/Crisis Pregnancy Services							
Name & Contact Information	Services	Days Hours	Income Qualify?	Payment Options	Taking New?	Wait Time	Additional Information
Macon County Health Department 1830 Lakeside Drive Franklin, NC 28734 828-349-2081 www.maconnc.org/healthdept	Prenatal Clinic Childbirth Classes Laboratory Services	M-F 8A- 4:30P	YES	Medicaid Medicare Insurance Private Pay Scale Based On Ability To Pay	Yes		
Smoky Mountain Pregnancy Care Center 226 East Palmer Street Franklin, NC 28734 828-349-3200 www.smpcc.org	Crisis Pregnancy Counseling Ultrasound	M-F 9A-12P 1P-5P	No	No Charge For Services	Yes	No	
Senior Services/Services for Elderly & Aging							
Name & Contact Information	Services	Days Hours	Income Qualify?	Payment Options	Taking New?	Wait Time	Additional Information
Macon County Senior Services	Adult Daycare	M-F	No	Free To Sliding	Yes	Not	Most Services Limited To Age

125 Hyatt Road Franklin, NC 28734 828-349-2058 www.maconnc.org	Daily Calls To Shut-Ins STARR Registry (registry for high risk linked to 911) SHIP Senior Health Insurance Program Nutritional Services—Meals On Sites & Delivered In Home Personal Care W/Light Home Management Overnight Respite Care	8 A –5 P Daycare 7A-6P		Scale Based On Ability To Pay		Usually	60 & Over
Care Connection 125 Hyatt Road Franklin, NC 28734 828-369-5845	Adult Day Care	M-F 7A-6P	No	Private Pay Some Funds Available For Low Income	Yes	1 Mo – 6 Mo	Anticipates Expansion In 2007
Grandview Manor Assisted Living 150 Crisp Street Franklin, NC 28734 828-524-4425	Assisted Living In Home Assistance W/Bathing, Dressing, Light Housekeeping Pharmacy	24/7	No	Medicaid Private Pay Based On Need	Yes	Yes	
Golden Age Center 1 North Central Avenue Sylva, NC 28779 828-586-4944 www.councilonaging.org	Activities for Active Seniors Physical Fitness Programs Social Activities	M-F 8A-5P	No	Donations To Activity Fund & Private Pay For Costs Of Classes	Yes	Enroll- ment May Be Limited	
Chestnut Hill of Highlands 120 Chestnut Hill Drive Highlands, NC 828-526-5251 888-473-5093 www.chestnuthillofhighlands.com	Residential Retirement Community Featuring: Independent Living Assisted Living Medication Assistance Activities of Daily Living Assistance	24/7	N/A	Independent Living Apartments & Assisted Living Available On A Monthly Rental Basis	Yes	1 To 2 Days	Services available for residents of Chestnut Hill In addition to rental units, cottages are available for purchase. Purchase price is partially refundable.
Skilled Nursing & Rehabilitation							
Name & Contact Information	Services	Days Hours	Income Qualify?	Payment Options	Taking New?	Wait Time	Additional Information
Britthaven Healthcare & Rehabilitation 3195 Old Murphy Road	Skilled Nursing Care Short Term Rehabilitation	24/7	No	Medicaid Medicare	Yes	Avg. 4 to 5	

Franklin, NC 28734 828-524-7806 www.britthaven.com				Insurance Private Pay Based On Need		Days	
Fidelia Eckerd Living Center 250 Hospital Drive Highlands, NC 828-526-1315 www.eckerdlivingcenter.com	Skilled Nursing Care Non Skilled	24/7	No	Medicaid Medicare Insurance Private Pay Based on Need	Yes	Varies	Swing beds available to accommodate emergency admissions
Social Services							
Name & Contact Information	Services	Days Hours	Income Qualify?	Payment Options	Taking New?	Wait Time	Additional Information
Macon County Department of Social Services 1832 Lakeside Drive Franklin, NC 28734 828-349-2124 www.maconnc.org/socialservices	Adoption Services Food Stamps Child Day Care' Foster Care Child Protective Services Adult Protective Services Crisis Intervention Energy Assistance Program Medicaid Enrollment	M-F 8A-5P	Yes	No Charge For Most Services	Yes	No	
Reach of Macon County P.O. Box 228 Franklin, NC 28734 828-369-5544 www.reachofmaconcounty.org	Educational Assistance Life Skills Training Counseling Resources For Domestic Violence Victims	M-F 9A-5P 24/7 Call	No	No Charge For Most Services	Yes	No	Building New Shelter

Transportation Services							
American Cancer Society Road To Recovery 1-888-227-6222 (Press 2)	Volunteer Transportation To Cancer Treatment Services	24/7 Call Center	No	Services Are Free When Available	Yes	No	Services Are Based On Availability Of Volunteers/5 Business Day Notice Required
Macon Area Transportation Services (MATS) 5 West Main Street Franklin , NC 28734 828-349-2222	Transportation Within Macon County And To Select Out Of County Communities	M-F 8-5	No	Within Franklin \$2.50 Per Boarding To Highlands \$3.50 Per Boarding Out Of County Fees Are Round Trip: Sylva \$15 Clayton \$15 Dillard \$15 Waynesville \$20 Bryson City \$20 Asheville \$30	--	--	Transportation Must Be Scheduled At Least One Day In Advance